Rating MBT Group/Individual session

Site: Name of Rater

Group/Individual Identification: Date of Rating:

Mentalizing Sessional Structure			Items	Items in session contributing to domain		
	F	E				
1			Engagement, warmth			
2			Identifying priorities			
2a			Go around in group	Quality		HOW
3			Identifying focus			
3a			Identify problem for each person in group			Absence
4			Closure			
Composite raw domain Score				**HOW quality Score**	**Adjusted Domain Score**	

Not Knowing Stance	F	E	Quality (+1= authenticity, interest, maintenance over time, appropriate knowing)	HOW
				Absence
Composite raw domain Score			**HOW quality Score**	

Mentalizing process			Items	Items in session contributing to domain		
	F	E				
6			Empathic validation			
6a			Acknowledge +ve			
6b			Arousal Levels			
7			Managing form of session			
8			Contrary moves	Quality (+1=time, clarity, joint agreement)		HOW
9			Parking in group			Absence
Composite raw domain Score				**HOW quality Score**	**Adjusted Domain Score**	

Nonmentalizing modes			Items	Items in session contributing to domain
	F	E		
10			Psychic equivalence	

11			Pretend mode	Quality (+1= Focal work explicitly on mode, acceptance of difference, low Iatrogenesis e.g. arguing with patient)	HOW
11a			Hypermentalizing		
12			Teleological function		Absence

Composite raw domain Score	HOW quality Score	Adjusted Domain Score

Mentalizing affective narrative			Items	Items in session contributing to domain	
	F	E			
13			Clarification of affective narrative		
14			Affect identification		
15			Affect focus		
16			Affect and interpersonal/significant events	Quality (+1= naming, focus, complexity, link to detail of event, 'live' interpersonal recognition)	HOW
16a			Clarification of interpersonal perspectives in group		Absence
16b			Interpersonal affect recognition in group		

Composite raw domain Score	HOW quality Score	Adjusted Domain Score

Relational Mentalizing			Items	Items in session contributing to domain	
	F	E			
17			Mentalizing the relationship Pt/Th		
17a			Mentalizing relationships between group members e.g. siding,		
18			Mentalizing counter-relationship Pt/Th	Quality (+1= validation, acceptance of clinician contribution, shared perspective, sensitive relevance)	HOW
18a			Mentalizing counter-relationships between group members		Absence

Composite raw domain Score	HOW quality Score	Adjusted Domain Score

Domain total SCORE		
Adherence Score=Domain Total Score/No of rateable domains	+/- Absence quality	FINAL SCORE